

# Clinical Techniques and Best Practices in Using

## a Telehealth Platform

With *Cinthyia Chin Herrera, PsyD*

*A FREE training presented by Alameda County Behavioral Health and A Better Way*

### Course Objectives

- 1.) Describe various clinical team-based care considerations that can be utilized continuously in telehealth.
- 2.) Discuss at least 3 specific best practices for providing telehealth services to clients.
- 3.) Identify 4 common barriers for client engagement in services delivered through a telehealth platform.
- 4.) Practice 2 creative techniques for therapeutic and collaborative engagement that can be integrated into our work.

The rapid spread of COVID-19 and social distancing measures are changing the way providers work across systems to provide needed mental health services. In the transition from face-to-face to remote communication, new challenges are cropping up. While much of evidence-base for telehealth services discusses best-practices, the context of the COVID-19 pandemic requires the adaptation of health practices for current circumstances of a remote workforce. This training for service providers across a variety of disciplines provides an interactive and engaging look at remote/telehealth services for consumers of mental health services. Participants explore some common barriers for effective services and numerous techniques, strategies, and practices that can facilitate engagement and treatment. Pandemic resiliency strategies will review ways to support high needs clients, online service fatigue, and complex multidisciplinary team dynamics.

**Audience:** Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

**Cinthyia Chin Herrera, PsyD**, is the Director of Clinical & Community Training for Westcoast Children's Clinic.



**Friday, September 25th, 2020**

9am-4:00pm | Registration at 8:45am

Online Course | Zoom link sent 2 days before course

6 CE's available for Masters and Doctorate level professionals

### TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.info/courses/1772>

Private code: eybmal

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit.

For accommodations or Grievances, contact: [Trainings@abetterwayinc.net](mailto:Trainings@abetterwayinc.net) | (510) 913-1326